

Antioch Christian Fellowship

PRAYER GUIDE

Daniel Fast 2026

**A COURAGEOUS
PRAYER**

A 21-Day Prayer Guide to support and strengthen
your journey through the Daniel Fast.



Courageous Prayer

Brothers and Sisters in Christ,

Prayer is not a retreat from action—it is a courageous advance toward the heart of God. Throughout Scripture, God’s people discovered that bold faith is most clearly expressed on their knees. When fear was loud, prayer was louder. When the path was unclear, prayer became the place of clarity, strength, and surrender.

As we enter these 21 days of Courageous Prayer, my invitation to you is simple: pray honestly, pray boldly, and pray expectantly. Do not measure your prayers by eloquence or length, but by faith and dependence. Some days you may feel strong; other days weak. Bring both to the Lord. He welcomes His children to draw near with confidence.

How to Use This Guide

Each day includes:

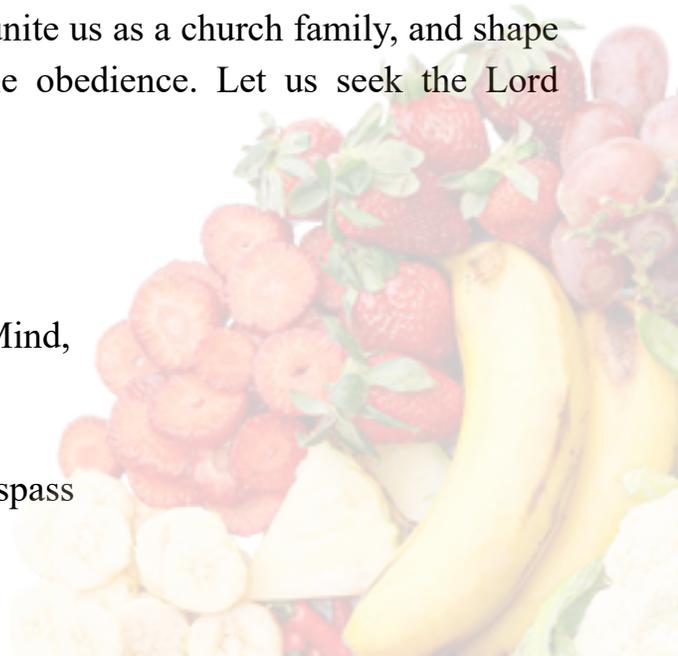
- **Scripture (ESV)** – to anchor our prayers in God’s Word
- **Prayer Prompts** – suggested directions for personal and corporate prayer
- **Daily Question** – encourages you to share what you have learned with others

Read the scripture for the day. Go to God in prayer using the prayer prompts as a guide. At the end of your prayer session, write down the name of one person with whom you can share what you learned. Throughout the day, keep prayer on the forefront of your mind.

My prayer is that God will deepen our trust in Him, unite us as a church family, and shape us into a people marked by bold faith and humble obedience. Let us seek the Lord together.

With Prayer on My Mind,

Dr. Christopher J. Respass



Courageous Prayer

Antioch Christian Fellowship

Pastor: Dr. Christopher J. Respass

January 12 – February 1, 2026

Week 1: Bold Access to God

Day 1 – January 12, 2026

Scripture: Hebrews 4:16

- Thank God for access to His throne and that you are welcome in His presence.
- Confess fear or reluctance that keeps you from praying boldly.
- Ask for grace and mercy for the needs you are facing right now.

Who can I share this with today? _____

Day 2 – January 13, 2026

Scripture: Joshua 10:12–14

- Identify an impossible situation in your life or the life of another and bring it before God.
- Ask God to act in ways that display His power and glory.
- Pray with faith, trusting God's sovereign authority.

Who can I share this with today? _____

Day 3 – January 14, 2026

Scripture: 1 Samuel 1:9–18

- Speak honestly to God about your deepest burdens and desires.
- Ask God to replace anxiety with peace as you trust him in this process.
- Pray for grace to remain faithful while you await his answer.

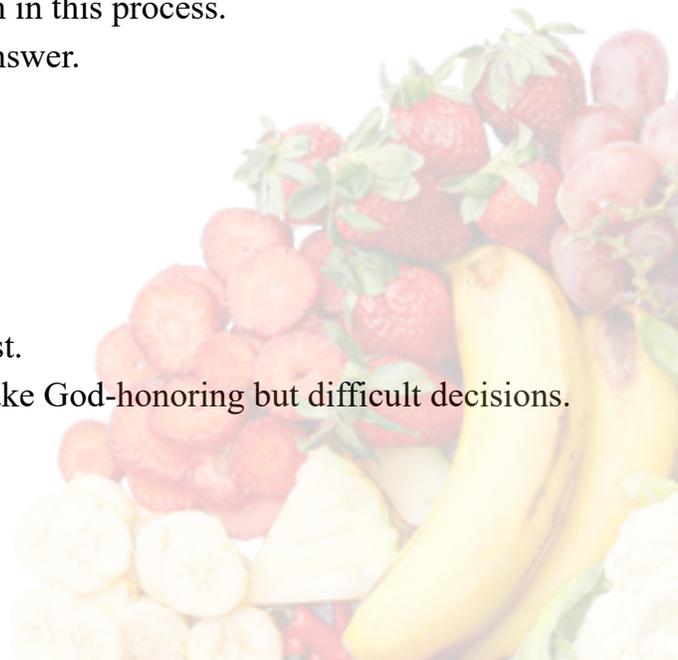
Who can I share this with today? _____

Day 4 – January 15, 2026

Scripture: Esther 4:15–17

- Ask God for courage to obey Him regardless of the cost.
- Pray for church leaders and other leaders who must make God-honoring but difficult decisions.
- Commit yourself fully to God's purposes.

Who can I share this with today? _____



Day 5 – January 16, 2026

Scripture: Daniel 6:1-10

- Pray for consistency in your prayer life.
- Intercede for persecuted believers around the world.
- Commit to honoring God publicly, not just privately.

Who can I share this with today? _____

Day 6 – January 17, 2026

Scripture: 2 Chronicles 20:5–12

- Acknowledge areas in your life where you feel powerless or incapable of making an impact.
- Declare your trust in God’s might and faithfulness.
- Ask for God’s intervention on behalf of our church and ministry.

Who can I share this with today? _____

Day 7 – January 18, 2026

Scripture: Psalm 27:1–4

- Name the fears that threaten your faith and ask God to remove them.
- Ask God to deepen your desire for His presence.
- Take a moment to worship God as your light, salvation, and refuge.

Who can I share this with today? _____

Week 2: Persistent and Expectant Prayer

Day 8 – January 19, 2026

Scripture: Jeremiah 33:3

- Ask God to reveal his will and purposes for you and our church.
- During the fast, pray with expectancy rather than doubt.
- Thank God in advance for His response.

Who can I share this with today? _____



Day 9 – January 20, 2026

Scripture: Luke 18:1–8

- Bring a long-standing prayer request before God again.
- Ask Him for renewed perseverance and faith.
- Trust God’s perfect timing and justice. Stay persistent

Who can I share this with today? _____

Day 10 – January 21, 2026

Scripture: Acts 4:23–31

- Pray for boldness to speak and live the gospel.
- Ask God to empower the church through the Holy Spirit.
- Pray for unity among believers.

Who can I share this with today? _____

Day 11 – January 22, 2026

Scripture: Genesis 18:22–33

- Intercede for your city, neighborhood, and church members.
- Ask God to show mercy and bring repentance to those living outside of His will.
- Humbly ask God to reveal areas of your life that are outside His will for you.

Who can I share this with today? _____

Day 12 – January 23, 2026

Scripture: Exodus 32:9–14

- Confess personal and corporate sin.
- Ask God for mercy and renewal in the church, local community, and world.
- Pray for Spirit-led revival starting with you and spreading through the community.

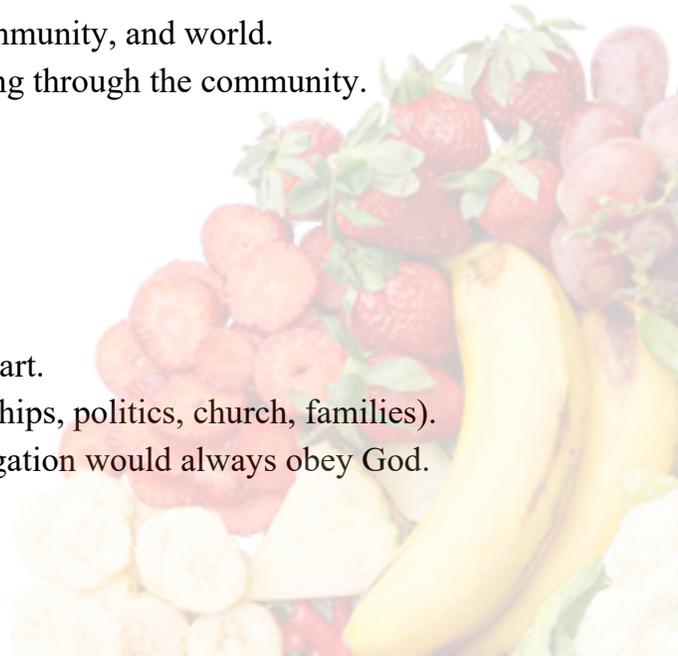
Who can I share this with today? _____

Day 13 – January 24, 2026

Scripture: Nehemiah 1:4–11

- Ask God to burden your heart with what burdens His heart.
- Pray for restoration where there is brokenness (relationships, politics, church, families).
- Commit yourself to obedience and pray that our congregation would always obey God.

Who can I share this with today? _____



Day 14 – January 25, 2026

Scripture: Psalm 138:1-3

- Thank God for His faithfulness.
- Ask for spiritual strength and endurance to continue the fast and continue praying.
- Pray confidently and courageously trusting the Lord's promises.

Who can I share this with today? _____

Week 3: Surrendered and Missional Prayer

Day 15 – January 26, 2026

Scripture: Mark 14:32–36

- Express your desires honestly before God.
- Surrender your will to the Father.
- Ask for grace to trust God in suffering, adversity, and unwanted ministry assignments.

Who can I share this with today? _____

Day 16 – January 27, 2026

Scripture: James 5:16–18

- Confess your sins and seek God's cleansing.
- Pray for boldly for healing—for others and for yourself.
- Thank God for His power. Ask God to show you who to ask to intercede on your behalf.

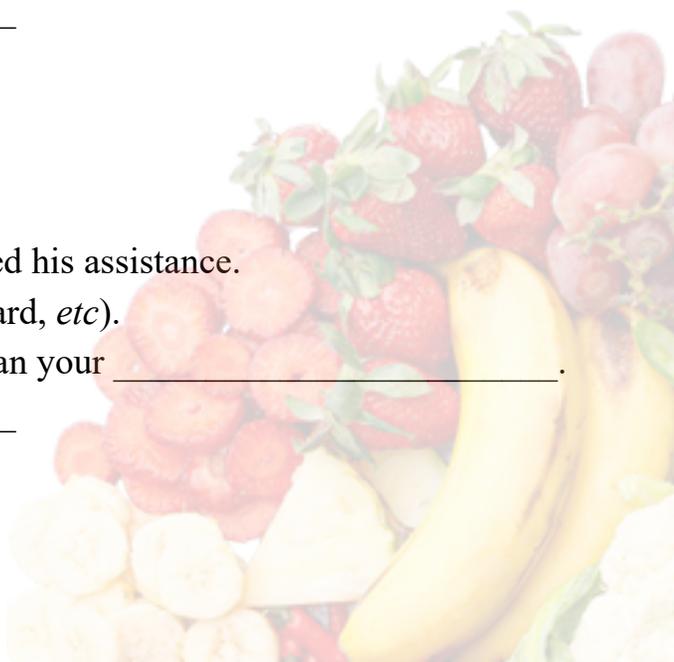
Who can I share this with today? _____

Day 17 – January 28, 2026

Scripture: Psalm 3:3–4

- Call out to God expressing how desperately you need his assistance.
- Pray aloud with confidence (*e.g.*, your home, car, yard, *etc.*).
- Pray that you Rest in God's peace. God is bigger than your _____.

Who can I share this with today? _____



Day 18 – January 29, 2026

Scripture: Matthew 15:21–28

- Pray for the spiritual wellbeing of your family (immediate and extended).
- Pray for the salvation of your loved ones and your peers (professional and personal).
- Intercede for those with whom you have had differences of opinion and belief.

Who can I share this with today? _____

Day 19 – January 30, 2026

Scripture: Acts 12:5–17

- Pray fervently for God to send others to join you in fulfilling the church's ministry assignment.
- Expect God to move through your prayers.
- Rejoice in His deliverance of others. Rejoice that others are being saved,

Who can I share this with today? _____

Day 20 – January 31, 2026

Scripture: Ephesians 6:18–20

- Pray for missionaries, pastors, chaplains, and laypeople who boldly share the gospel domestically and internationally.
- Intercede for church planters, church revitalizers, and others doing ministry in difficult places.
- Ask God to open doors for Antioch and for other bible-believing, Jesus-preaching churches.

Who can I share this with today? _____

Day 21 – February 1, 2026

Scripture: Romans 8:15–16

- Thank God for adopting you as his child.
- Thank God for keeping you in this fast.
- Ask God to help you stay consistent in prayer and faithfulness throughout the year.

Who can I share this with today? _____



Closing Prayer

Lord, as we close this solemn assembly fast, I pray that you would teach us to pray with courage and expectancy throughout the year. Do in our lives and the life of our church miraculous, unexpected, wondrous things where only you get the credit, and we only give you the glory! We love you. In Jesus's name we pray,

Amen.

