

2022 Antioch Solemn Assembly Fast

“Consecrate a fast; call a solemn assembly. Gather the elders and all the inhabitants of the land to the house of the LORD your God, and cry out to the LORD.” Joel 1:14

Prayer Guide

Jan 17 Ask God to bless you and give you strength to complete the fast. (Psalm 23).

Jan 18 Pray for Christians to respond in obedience to God's word and leading (Luke 11:27-28).

Jan 19 Pray thanking God for His patience, love, and kindness toward you (Psalm 138).

Jan 20 Ask God for spiritual strength and guidance for the Pastors and Leaders at Antioch and other bible-believing churches (John 10:27-30).

Jan 21 Implore God to increase the faith of the Antioch church and in all believers around the world (Rom. 4:16-22).

Jan 22 Ask God to help you exercise discipline to read your Bible daily and communicate with God more regularly (John 14:15-17).

Jan 23 Pray for Christian Prayer and Outreach ministries all over the world (Eph. 6:19-20).

Jan 24 Ask God to deliver those harassed by the evil one and to break all strongholds (Matt 6:13).

Jan 25 Pray for healing of sicknesses, diseases, physical impairments, and mental illnesses (Psalm 103:1-5).

Jan 26 Pray for local, state, and national government leaders (1 Tim 2:1-2).

Jan 27 Ask God to draw non-believers to himself that they may know the truth about Him, Jesus the Christ, and the Holy Spirit (John 12:27-32).

Jan 28 Intercede for those living in poverty, experiencing financial insecurity or food insecurity (Lev. 23:22, Matt 26:11).

"And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you."

Matthew 6:16-18



Jan 29 Pray for those who will be impacted by the Antioch ministry in 2022 (John 17:20-23).

Jan 30 Pray that the young adults hunger and thirst after Jesus the Christ and resist the temptation to dabble in demonic religious practices like tarot and Wicca (Gal. 4:3-7).

Jan 31 Ask God to mend broken relationships--families, friendships, church relationships, and work relationships (Gen. 33:1-12).

Feb 1 Pray that you will start (or continue) to make healthier eating choices so that you can be healthy and better able to serve God (1 Cor. 10:31).

Feb 2 Ask God to give you His heart and eyes so that you might see people as he sees them and that you might better understand how he feels about certain issues (Matt. 9:36).

Feb 3 Pray that Christians will stand firm in their faith in the face of opposition and that God would use us to share the gospel with more people (Dan 3).

Feb 4 Pray that God would help His people to live a worshipful life in spirit and in truth (John 4:23-26).

Feb 5 Pray for strength to complete the fast (Isa 40:28-31).

Feb 6 Pray that the Lord would send more laborers and workers into the Antioch ministry (Matt 9:37-38).

"So we fasted and implored our God for this, and he listened to our entreaty."

Ezra 8:23

Biblical Purposes for Fasting

- To strengthen prayer
- To seek God's guidance
- To humble oneself before God
- To minister to the needs of others
- To express repentance and return to God
- To express love and worship God
- To seek deliverance and protection
- To overcome temptation and dedicate yourself to God
- To express grief
- To express concern for the work of God